dysgu, chwerthin, byw u3a learn, laugh, live
Porthcawl

Newsletter
November 2026

07531 062146 porthcawlu3a.org.uk 1052905

Our Newsletter is now interactive. Please click on this symbol to access related websites.

Dear Members,

I would like to inform you that Malcolm Cowper has decided, for personal reasons, to stand down as Vice Chair, but will continue as a member of the committee. He will also continue as walking group leader and as part of the newsletter team.
I would like to thank him for his sterling work and support in the vice chair role at a time of significant change within our organisation.
Andrew Mason (current Group Coordinator) will step into the position until the annual AGM, at which time elections will be held to fill the vacant position.

Kind regards.

Richard Hopkins, Chair

UPCOMING EVENTS

Monthly Talk - Wednesday, November 11th - '*World War 1*' - Phillip Masson

It's fitting that our November talk takes place on Armistice Day, the 11th.
Philip will talk about WW1 as a thanksgiving for John Pearman, late of our u3a and many other organisations. Every year John would take part in the Act of Remembrance and Thanksgiving, and we will remember him too this November.

Geoff Henderson, Talks Co-Ordinator

Previous talks can be found on our Porthcawl u3a YouTube channel. Click here



Friday, December 18th - Atlantic Hotel - 7pm. Doors open at 6pm
Frankie Valli Tribute Night with Festive Dining

If you have not yet chosen your meal courses please let us know. A committee member will be available at the Saturday Coffee Morning on the 28th to take your order.



Coffee Mornings

Wednesday, 4th - Waterfront - 10am (first Wednesday of every month)

Saturday, 28th - Atlantic Hotel - 11am (last Saturday of every month)

Wednesday, January 27th, 2027 - Slimbridge Wetland Centre, Gloucestershire - £38
Leaving the Atlantic Hotel at 9:30 am and returning 3:30 pm. Price includes entrance fee.

Wednesday, February 24th, 2027 -National Waterfront (Maritime) Museum, Swansea - £18
Leaving the Atlantic Hotel at 9:30 am and returning 3:30 pm. Price includes entrance.

March and April 2027 - Tredegar House and Newport and Sudeley Castle, Gloucestershire
Prices and dates will be announced in the December issue of the Newsletter.

Disclaimer -Participants of Porthcawl u3a activities are responsible for assessing their own risk

MEMBERS' MOMENTS

By joining the 100 Club you are not only helping to raise valuable funds for our U3A but you can also win a cash prize. There are currently some unallocated numbers for the 100 Club. Any member who wishes to join for the rest of the year (to May 2027) or any existing member who would like an extra number, can do so for a reduced price of £15. Please contact Louise Roberts, at roberts-louise@hotmail.com or 07539 681611, if you are interested.



Congratulations to the 100 Club's October winners:

1st	**Anne Pryce**	**£50**
2nd	**Louise Roberts**	**£25**
3rd	**Pamela Pepper**	**£10**

Winners, please email your bank details - Bank, Account name and Sort Code - to our Treasurer, Norah Clarke at treasurer@porthcawlu3a.org.uk

Thinking of Making a Will?

Many of us, at this time of our lives, are thinking of making a will. Obviously, our nearest and dearest are our first priority when considering beneficiaries, but many of us also like to make a donation to our favourite charity. So why not choose Porthcawl u3a as that charity? As members we know what a rich and varied range of interest groups we offer, enough for everyone to find something they can enjoy every week. For those of us who find ourselves living alone, u3a is a lifeline. So why not make Porthcawl u3a, along with your loved ones, a beneficiary of your will, and help us to continue providing a wealth of learning opportunities in a friendly and supportive community?

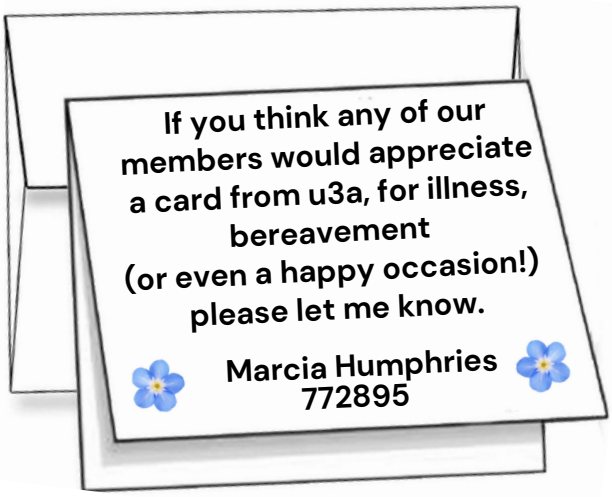
Have you signed up to easyfundraising?

What is easyfundraising?

Easyfundraising turns your everyday shopping online into free donations.

There are 3,600 retailers that will make a small donation to a cause of your choice.

This is a great way of fundraising for Porthcawl u3a.
If you are interested in setting up easyfundraising and are having difficulty registering please email me, **Mike Clarke**, at mike.clarke220@gmail.com for more information.





Porthcawl u3a's current membership - 422

MEMBERS' MOMENTS

Social Cycling

Here are some photos from our cycle in Afan Argoed country park in September.

We cycled up to Glyncorrwg, crossing the river Afan in Cymmer and following the newly tarmaced cycle path. Coming back was bliss, as it was all downhill.!

Pat Thomas



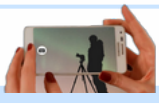








Calendar for the Month

Astronomy	**5** **19**	Th	2pm	YC	*Anatomy of a Constellation* *Sky Phenomena*
Beach Clean	**3** **17**	T	10am	Rest Bay	New volunteers welcome
Book Clubs  **1**	**27**	F	10.30	AFC	*The Keeper of Lost Things* by Ruth Hogan
2	**11**	W	10.30	AR's	*In Cold Blood* by Truman Capote
3	**5**	Th	2pm	CP's	*I Let You Go* by Clare Macintosh
Canasta	**9** **23**	M	2pm	YC	Anyone who would like to play, or learn while playing, is very welcome.
Ceramics		W	2pm	YC	This is a very popular course, running to capacity. Add your name to the waiting list and you will be welcomed as a valuable member of the group just as soon as there is a vacancy.
Conversations	**12** **26**	Th	2pm	AFC	AI has many benefits but could it lead to the downfall of human beings? The mental health of young people is a growing concern. Have we raised a generation of 'Snow Flakes'?
Exploring Poetry	**2** **16**	M	2pm	AFC	*The Complete Works of Keats*
French for All	**3** **17**	T	10.15	AFC	*What I Collect* *My Favourite Shop*
Gardening	**24**	T	2pm	AFC	Celebration of a successful year to share experiences with friends. New members welcome
German Conversation	**10** **24**	T	11am	YC	Open to everyone including beginners. We do not focus on grammar or old fashioned school work, but want everyone to have a go at speaking the language
Guitar	**9** **23**	M	10am	NSR	This is a very popular course, running to capacity. Add your name to the waiting list and you will be welcomed as a valuable member of the group just as soon as there is a vacancy.
History	**2** **16** **30**	M	10.15	YC	Continuing with the history of other countries, probably more British Commonwealth (Empire)
International Zoom Link	**2** **16**	M	2.30 10.30		Join us via Zoom link where members of our u3a and members of the u3a at Nantes in France chat in English about current issues affecting our countries and ourselves. You will be very welcome.
Italian For All	**5** **19**	Th	2pm	TC	Members with at least beginner level of Italian are welcome.
Latin	**9** **23**	M	2pm	YC	Come and help us translate interesting Latin stories.
Mah Jong	**12** **26**	Th	2pm	YC	New members welcome
Mindfulness	**3**	T	1.30	YC	Everyday mindfulness: "Present awareness in ordinary moments, with curiosity and without judgement" please join us if this interests you.
Monthly Talk	**11**	W	2.15	H-T	'World War 1' - Phillip Masson
Origins and Development of Drama	**9** **23**	M	2pm	AFC	*King Henry IV Part 1*
Painting Workshop		Th	10am	YC	This is a very popular course, running to capacity. Add your name to the waiting list and you will be welcomed as a valuable member of the group just as soon as there is a vacancy.
Philosophy & Ideas	**13** **27**	F	10am 10.15	YC	Whether AI or democracy, the value of life or a basis for morality, we can always find something to discuss.
Photography for Everyone	**10** **24**	T	2pm	YC	New members welcome 

Play Reading	**26**	Th	2pm	YC	New members welcome
Psychology	**19**	Th	10am	AFC	Susan Malone Hoyle, counsellor, author and member of Porthcawl u3a will be giving a talk based on her book 'Shine Your Light'. The focus is on increasing self esteem and leading your best life.
Quiz	**9**	M	2pm	YC	New quizzers welcome Come and test your general knowledge
Rummikub	**6** **20**	F	2pm	SH	New players welcome
Scrabble	**2** **16**	M	10am	H-T	Keen to have new members. We are a friendly group and players of all abilities welcome.
Search for Knowledge	**16**	M	2pm	AFC	*Porthcawl Past & Present* *and How a Super El Nino is Effecting the World's Weather and Harvests*
Sing it Again	**25**	W	2pm	NSR	Just for fun. New members welcome
Social Cycling 	**18**	W	10.30		Meeting at Parc Slip carpark, CF32 0EH
Social Dancing	**10** **24**	T	2pm	TC	A mix of ballroom, Latin, sequence, the odd line dance and Rock & Roll.
Sustainability	**10**	T	2pm	YC	The Chain - our food supply system
Table Tennis		F	10am	YC	Weekly meets New members welcome
Technology Help Desk	**9** **23**	M	10.30	COSTA	Do you need help with your electronic devices? Ring for an appointment
Ukelele	**6** **20**	F	2pm	YC	New players welcome
Understanding Modern Art	**9**	M	10am	YC	Contrasting the still and moving image, looking at how artists have narrated and expressed ideas in both film and non moving pictures over the last century.
Walking 	**13** **27**	F	1.30		From Pontycymmer Co-op, CF32 8NW. 3 mile walk around Parc Calon Lan lower and upper lakes, a reclaimed mining site in the Garw Valley. From the Three Golden Cups, Southerndown CF32 0RW. A 3 mile walk along the Heritage Coast and Dunraven Bay.
Welsh	**6** **20**	F	10am	YC	New members welcome
Whist	**2** **16**	M	2pm	YC	Anyone who would like to play, or learn while playing, is very welcome
Wildlife	**3**	T	2pm		Kenfig Nature Reserve - Denise Lambkin will give an illustrated talk on 'Deadwood: the single richest habitat a wood can have'
Writing for Pleasure	**1** **6** **2** **3** **20**	F	10am	RC	Meetings are informal and relaxed. Beginners and experienced writers welcome. There are spaces in each of the three groups.

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Venue key
AFC = Football Club
H-T = Hi-Tide
KNR = Kenfig Nature Reserve
NSR - Newton School Room
RC = Rugby Club
SH = Seagull Hotel
TC = Trinity Church
YC = YMCA